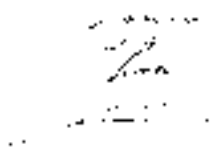




Approved by: .!



Say Hey

2 WALL - 48 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 & 2 & 3 & 4 5 & 6 & 7 & 8	Kick & Kick & Cross Rock, Side, Kick & Kick & Cross Rock, Side Kick right forward. Replace weight to centre on right. Kick left forward. Replace weight to centre on left. Cross rock right over left. Recover onto left. Step right to right side. Kick left forward. Replace weight to centre on left. Kick right forward. Replace weight to centre on right. Cross rock left over right. Recover onto right. Step left to left side.	Kick & Kick & Cross Rock Side Kick & Kick & Cross Rock Side	On the spot
Section 2 1 & 2 & 3 & 4 & Styling 5 & 6 & 7 - 8 &	Toe Strut Jazz Box 1/4 Turn, Weave Right, Back Rock Cross right toes over left. Drop heel taking weight. Make 1/4 turn right and step left toes back. Drop heel taking weight. Step right toes to right side. Drop heel taking weight. Cross left toes over right. Drop heel taking weight. (Optional) Click fingers on toe struts. Step right to right side. Cross left behind right. Step right to right side. Cross left over right. Step right to right side. Rock left back. Recover onto right. (3:00)	Cross Strut Turn Strut Toe Strut Cross Strut Side Behind Side Cross Side Back Rock	Left Turning right Right Right On the spot
Section 3 1 & 2 3 & 4 5 & 6 7 & 8	Rhumba Box 1/4 Turn x 2 Step left to side. Step right beside left. Turn 1/4 left stepping left forward. Step right to side. Step left beside right. Step right back. (12:00) Step left to side. Step right beside left. Turn 1/4 left stepping left forward. Step right to side. Step left beside right. Step right back. (9:00)	Side Together 1/4 Side Together Back Side Together 1/4 Side Together Back	Turning left Back Turning left Back
Section 4 1 & 2 3 & 4 5 & 6 7 - 8 Option	Left Lock Back, Back Mambo, Left Lock Forward, Full Turn Step left back. Lock right across left. Step left back. Rock right back. Recover onto left. Step right beside left. Step left forward. Lock right behind left. Step left forward. Turn 1/2 left stepping right back. Turn 1/2 left stepping right forward. Replace full turn with walk forward - right, left. (9:00)	Back Lock Back Back Mambo Left Lock Left Turn Turn	Back Forward Turning left
Section 5 1 & 2 & 3 & 4 Styling 5 & 6 & 7 & 8	Side Touch x 2, Rock & Cross, Side Touch x 2, Rock & Cross Step right to right side. Touch left beside right. Step left to left side. Touch right beside left. Rock right to right side. Recover onto left. Cross right over left (Optional) Clap on the step touches. Step left to left side. Touch right beside left. Step right to right side. Touch left beside right. Rock left to left side. Recover onto right. Cross left over right. (9:00)	Side Touch Side Touch Rock & Cross Side Touch Side Touch Rock & Cross	Right Left Right
Section 6 1 - 2 3 - 4 Option 5 & 7 & 8 Note	Side Rock, Curtsey Unwind, Hip Bumps 1/4 Turn Rock right to right side. Recover onto left. Cross right behind left. Unwind full turn right (weight ends on left). Replace full turn with step right beside left, hold. Step right to side. Bump hips to right. Continue to bump hips, left, right, left, right, left, making 1/4 turn left. Ensure weight shifts onto left on count 8 to start dance again. (6:00)	Side Rock Behind Unwind Side Hips Hip Bumps	On the spot Turning right Right Turning left
Ending	Wall 7: Dance to count 7, section 2 (end of weave) Turn 1/4 left stepping left forward to face front, and pose!		

Choreographed by: Teresa and Vera (UK) November 2006

Choreographed to: 'Hit Me Up' by Gia Farrell (102 bpm) from Happy Feet soundtrack CD
 (24 count intro - start on main vocals)



A video clip of this dance is available to members at www.linedancermagazine.com