

Kiss Off

64 Count, 2 Wall, Improver

Choreographer: Robbie McGowan Hickie (UK)

Aug 2011

Choreographed to: If I Was A Woman by Trace Adkins –
featuring Blake Shelton, CD: Proud To Be Here (Deluxe
Edition) (134 bpm)

16 count intro from Main Beat

- 1 Chasse Right. Rock Back. 2 x 1/4 Turns Right. Left Cross Shuffle.**
1&2 Step Right to Right side. Close Left beside Right. Step Right to Right side.
3 – 4 Rock back on Left. Rock forward on Right.
5 – 6 Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side.
7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (6 o'clock)
- 2 Chasse Right. Rock Back. 2 x 1/4 Turns Right. Left Cross Shuffle.**
1&2 Step Right to Right side. Close Left beside Right. Step Right to Right side.
3 – 4 Rock back on Left. Rock forward on Right.
5 – 6 Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side.
7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (12 o'clock)
- 3 1/4 Turn Left. Step Back. Right Coaster Step. 2 x Walks Forward Left/Right. Left Shuffle Forward.**
1 – 2 Make 1/4 turn Left stepping back on Right. Step back on Left.
3&4 Step back on Right. Step Left beside Right. Step forward on Right.
5 – 6 Walk forward on Left. Walk forward on Right.
7&8 Left shuffle forward stepping Left. Right. Left. (9 o'clock)
- 4 Forward Rock. & Heel Jack. Hold. & Step. Paddle 1/4 Turn Left. Step. Paddle 1/4 Turn Left**
1 – 2 Rock forward on Right. Rock back on Left.
&3 – 4 Step back on Right. Dig left heel forward. Hold.
&5 – 6 Step Left back to place. Step forward on Right. Paddle 1/4 turn Left.
7 – 8 Step forward on Right. Paddle 1/4 turn Left. (3 o'clock)
- 5 Cross. Point. Cross. Scuff. Right Jazz Box Cross.**
1 – 2 Cross step Right forward over Left. Point Left toe out to Left side.
3 – 4 Cross step Left forward over Right. Scuff Right Diagonally forward Right.
5 – 8 Sweep/Cross Right over Left. Step back on Left. Step Right to Right side. Cross Left over Right.
- 6 Side Rock. Back Rock. Right Kick-Ball-Cross. Side Stomp Right. Hold.**
1 – 2 Rock Right out to Right side – pushing hips Right. Recover weight on Left. (3 o'clock)
3 – 4 Rock back on Right – pushing hips Back. Rock forward on Left.
5&6 Kick Right Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.
7 – 8 Stomp Right out to Right side. Hold.
- 7 Left Sailor 1/4 Turn Left. 2 x Walks Forward Right/Left. Right Scuff-Ball-Step Forward. Forward Rock.**
1&2 Sweep/Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.
3 – 4 Walk forward on Right. Walk forward on Left.
5&6 Scuff Right forward. Step ball of Right beside Left. Step forward on Left.
7 – 8 Rock forward on Right. Rock back on Left. (12 o'clock)
- 8 Right Shuffle 1/2 Turn Right. Step. Pivot 1/2 Turn Right. Left Shuffle Forward. Step. Pivot 1/2 Turn Left.**
1&2 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (6 o'clock)
3 – 4 Step forward on Left. Pivot 1/2 turn Right.
5&6 Left shuffle forward stepping Left. Right. Left. (12 o'clock)
7 – 8 Step forward on Right. Pivot 1/2 turn Left. (6 o'clock)

Music download available from www.cdwow.com