

# "Laid Back"

Easy Intermediate 2 Wall Line Dance (64 Counts)

Choreographer: Robbie McGowan Hickie (UK) [www.robbiemh.co.uk](http://www.robbiemh.co.uk)

Choreographed To: "Laid Back Stone Cold" by Michelle Wright (142 bpm... 32 Count intro)

CD... "Boot Scootin' Boogie - The Nashville Line Dancing Album"

Alternative: "Senorita Mas Fina" by Kevin Fowler (142 bpm... 32 Count intro) CD... "High On The Hog"

## Chasse Left. Back Rock. Step. Pivot 1/2 Turn Left. Diagonal Step Forward. Stomp Up.

- 1&2 Step Left to Left side. Close Right beside Left. Step Left to Left side.  
3-4 Rock back on Right. Rock forward on Left.  
5-6 Step forward on Right. Pivot 1/2 turn Left.  
7-8 Step Right *Diagonally* forward Right. Stomp up Left beside Right. (6 o'clock)

## Chasse Left. Back Rock. Step. Pivot 1/2 Turn Left. Diagonal Step Forward. Stomp Up.

- 1&2 Step Left to Left side. Close Right beside Left. Step Left to Left side.  
3-4 Rock back on Right. Rock forward on Left.  
5-6 Step forward on Right. Pivot 1/2 turn Left.  
7-8 Step Right *Diagonally* forward Right. Stomp up Left beside Right. (12 o'clock)

## Side Step Left. Together. Left Toe Strut. Forward Rock. Touch Back. Reverse Pivot 1/4 Turn Right.

- 1-2 Step Left to Left side. Close Right beside Left.  
3-4 Touch Left toe forward. Drop Left heel to floor.  
5-6 Rock forward on Right. Rock back on Left.  
7-8 Touch Right toe back. Reverse pivot 1/4 turn Right. (Weight on Right) (3 o'clock)

## Cross Rock. Side Rock. Crossing Toe Strut. 2 x 1/4 Turns Left.

- 1-2 Cross rock Left over Right. Rock back on Right.  
3-4 Rock Left out to Left side. Recover weight on Right.  
5-6 Cross step Left toe over Right. Drop Left heel to floor.  
7-8 Turn 1/4 turn Left stepping back on Right. Turn 1/4 turn Left stepping Left to Left side. (9 o'clock)

## 3 x Toe Points. Hold. & Cross. Hold. 2 x Heel Bounces with 1/2 Turn Right.

- 1-2 Cross/Touch Right toe *Diagonally* forward Left. Touch Right toe out to Right side.  
3-4 Cross/Touch Right toe *Diagonally* forward Left. Hold.  
&5-6 Jump/Step ball of Right to Right side. Cross step Left over Right. Hold.  
7-8 Bounce both heels x 2 whilst making 1/2 turn Right. (Weight ends on Left) (3 o'clock)

## Back Rock. Right Shuffle Forward. Forward Rock. 2 x 1/2 Turns Left.

- 1-2 Rock back on Right. Rock forward on Left.  
3&4 Right shuffle forward stepping Right. Left. Right.  
5-6 Rock forward on Left. Rock back on Right.  
7-8 Turn 1/2 turn Left stepping forward on Left. Turn 1/2 turn Left stepping back on Right.

## Back Rock. Step Forward. Scuff. Right Jazz Box 1/4 Turn Right. Scuff.

- 1-2 Rock back on Left. Rock forward on Right.  
3-4 Step forward on Left. Scuff Right forward.  
5-6 Cross step Right over Left. Step back on Left.  
7-8 Turn 1/4 turn Right stepping forward on Right. Scuff Left slightly forward. (Facing 6 o'clock)

## 2 x Diagonal Steps Forward. Step Back. Hold and Clap. Out-Out. Hold and Clap. Elvis Knees.

- 1-2 Step Left diagonally forward Left. Step Right diagonally forward Right. (Feet Shoulder Width Apart)  
3-4 Step Left back into centre. Hold and Clap.  
&5 Jump Right *Diagonally* back and to Right side. Jump Left *Diagonally* back and to Left side.  
6 Hold and Clap. (Feet Shoulder Width Apart) (Weight on Left)  
7-8 Pop Right knee in across Left. Pop Left knee in across Right. (Weight on Right) (Facing 6 o'clock)

## Start Again